



# GLUTEN FREE MENU 2022

**Millie's Big Breakfast**.....£7.80  
 Sausage (2), Bacon (2), Eggs (2), Beans, Hash Brown, Mushrooms, Plum Tomato & Gluten Free Toast  
*Allergens: Milk, Metabisulphites & Egg*

**Millie's Standard Breakfast**.....£6.25  
 Sausage (1), Bacon (1), Eggs (1), Beans, Hash Brown, Mushrooms, Plum Tomato & Gluten Free Toast  
*Allergens: Milk, Metabisulphites & Egg*

**ADD:**.....£1.00  
 Tea, Nescafe, Glass of Milk, Glass of Orange & Apple

## Gluten Free Sandwiches

Chips .....£2.25  
*Allergens: Egg*  
 Sausage (2) .....£3.00  
*Allergens: Egg & Metabisulphites*  
 Bacon (2).....£3.00  
*Allergens: Egg*  
 Egg (2) .....£3.00  
*Allergens: Egg*  
 Sausage & Bacon.....£3.95  
*Allergens: Egg & Metabisulphites*  
 Sausage & Egg.....£3.95  
*Allergens: Egg & Metabisulphites*  
 Bacon & Egg.....£3.95  
*Allergens: Egg*

## Gluten Free Toast

Toast with butter (2).....£1.55  
*Allergens: Egg*  
 Toast (2) & Jam, Marmalade or Honey.....£1.95  
*Allergens: Egg*  
 Toast (2) with Fried Eggs (2).....£3.65  
*Allergens: Egg*  
 Toast (2) with Baked Beans.....£3.25  
*Allergens: Egg*  
 Poached Eggs (2) on Toast (2) .....£3.65  
*Allergens: Egg*  
 Scrambled Eggs (3) on Toast (2).....£4.50  
*Allergens: Egg*  
 Scrambled Egg and Smoked Salmon.....£6.20  
*Allergens: Egg & Fish*

## Homemade Soups.....£4.50

Soup is served with Gluten Free Bread  
 Pea & Ham - *Allergens: Celery & Egg*  
 Tomato - *Allergens: Celery & Egg*  
 Vegetable - *Allergens: Celery & Egg*  
 Leek & Potato - *Allergens: Celery & Egg*

## Millie's Salad - Eat in.....£5.35

We will freshly make your salad which will include our homemade coleslaw.  
 Choice of contents:  
 Chicken, Bacon & Mayo - *Allergens: Egg*  
 Ham & Boiled Egg - *Allergens: Egg*  
 BBQ Chicken - *Allergens: Mustard & Egg*  
 Hot Piri Chicken - *Allergens: Sulphur Dioxide & Egg*  
 Sweet Chilli Chicken - *Allergens: Egg*  
 Tikka Chicken - *Allergens: Egg, Mustard & Celery*  
 Tuna Mayonnaise - *Allergens: Egg & Fish*



## Snacks/Lunch

Sweet Potato Fries.....£2.50

*Allergens: None*

Potato Wedges.....£2.15

*Allergens: None*

Chips.....£2.15

*Allergens: None*

Chips & Chilli.....£4.50

*Allergens: None*

Ham, Eggs & Chip.....£5.80

*Allergens: Egg*

Sausage (2), Eggs (2) & Chips.....£6.05

*Allergens: Egg*

Bacon (2), Eggs (2) & Chips.....£6.05

*Allergens: Egg*

**3 Egg Omelette**.....£5.55

With any 2 fillings served with Salad Garnish or Beans. Fillings: Tomato, Onions, Peppers, Mushrooms, Ham, Bacon or Chicken

*Allergens: Egg*

## Fruit

Fresh Fruit Cocktail.....£2.10

Fruit Portion.....£0.80

*Allergens: None*

## Additional Menus

Children's/Smaller Portions, Dairy Free and Vegan.

## Refreshments

See Blackboard for Tea & Filter Coffee Selection.

## Other Catering Services

We also offer catering services for corporate or private functions.

## Jacket Potatoes

### USING DAIRY FREE SPREAD

**Available from 11:30 - 13:15**

Jacket Potato & Dairy Free Butter.....£3.60

*Allergens: None*

Jacket Potato & Homemade Coleslaw.....£4.50

*Allergens: Egg*

Jacket Potato & Vegan Cheese .....£4.60

*Allergens: Oats*

Jacket Potato, Vegan Cheese & Homemade Coleslaw.....£5.60

*Allergens: Oats & Egg*

Jacket Potato & Baked Beans.....£4.30

*Allergens: None*

Jacket Potato, Vegan Cheese & Beans.....£5.50

*Allergens: Oats*

Jacket Potato & Chilli Con Carne .....£6.00

*Allergens: None*

Jacket Potato, Chilli Con Carne & Vegan Cheese.....£6.60

*Allergens: Oats*

Jacket Potato & Tuna Mayonnaise.....£5.80

*Allergens: Egg & Fish*

Jacket Potato & Prawn Mayonnaise.....£6.00

*Allergens: Egg & Crustaceans*

## Local Suppliers

Cookies, Raunds | Fresh Ideas, Wellingborough | Booker Wholesale, Kettering & Northampton | Newlands Farm, Sywell.

## Allergies & Intolerances

**Before ordering please ask if you need information on the ingredients in our dishes and prepacked food and drink.**

3 Bridle Close, Wellingborough, Northants NN8 4RN | Telephone: **01933 443995**

Fax: 01933 443996 | Email: **millies\_orders@hotmail.com** | Website: **www.millieessandwiches.com**

*Prices correct at time of print, however they may be subject to change*